

**Business**

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**Love**

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**Family**

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**Financial**

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# MINDMAP 2026

Name: \_\_\_\_\_

**Fitness**

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**Mind**

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**Volunteering**

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**Friends**

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Choose three focus areas for your year by filling the star next to the category.

By Lea-Sophie Cramer (Fast & Curious Podcast)

# MINDMAP 2026

Name: \_\_\_\_\_

**Learnings of last year:**

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**Wishes and thoughts for next year:**

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